



MEDIA RELEASE

11th March 2013

Vegetable Gardens on Display

Stawell residents will have a unique opportunity to take a sneak peak at some of the most productive vegetable gardens in the region on March 16 and 17.

Stawell Urban Landcare, together with Project Platypus are hosting an Open Kitchen Garden Weekend in the Stawell area with a range of workshops and productive gardens on display.

Project Platypus Events Coordinator Bronwyn Bant said the Open Kitchen Garden weekend is designed to inspire and motivate local residents to grow their own fruit and vegetables.

“We’re pleased to be able to showcase a number of local veggie patches that have used innovative approaches to ensure a bumper supply of fruit and vegetables to feed their families” said Ms Bant. It’s also great to have the support of the Stawell Community Garden, who will be open to display their gardening plots, and will also run a composting workshop at 12.00pm on Sunday the 17th of March in collaboration with the Grampians Regional Waste Management Group. Workshops on seed saving along with a seed swap, preserving and keeping chooks will also be on offer over the weekend.

“As any veggie gardener can attest, not only does growing your own food provide you with your very own supply of fresh, delicious and healthy fruit and vegetables, it provides exercise, saves you money, helps children understand where food comes from and encourages more interest in eating fresh fruit and vegetables. It also helps households to live more sustainably by reducing food miles” said Ms Bant

For all the open kitchen garden day details including workshop times, and garden locations, head to the Project Platypus website www.platypus.org.au, or follow Platypus Project on Facebook.

Photo IMG 3613

Insert caption

“Stawell resident John Pye will have his vegetable garden open as part of the Open Kitchen Garden weekend. John uses water efficient wicking beds to grow a range of produce.”

End of release

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