

Down to Earth 12



Project Platypus Upper Wimmera Landcare

MISSION

Support and empower community. Improve environmental health of Upper Wimmera Catchment. Maintain and improve productivity.

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Down to Earth

APRIL Friday 13 UPDATE

G'day from *Down to Earth*,

Take a Captain Cook at the events on offer in the following weeks - there is a little bit of something for everyone in the landcare space.

Have a squiz at the doco " What Plants talk about" or learn CPR "Rake" style (just scroll down).

See you at an event or two.

Cheers Project Platypus team

April

Tue 17 SEED COLLECTION workshop - Project Platypus

Wed 18 SEED PROPAGATION working bee - Jallukar Landcare

Sat 21 SOCIAL MEDIA workshop - Stawell Urban Landcare

Sun 22 MANAGING WASTE workshop - Moyston Landcare

May

Sun 13 TREES FOR MUM - Stawell Urban Landcare

June

Wed 6 COMMUNICATION Skills for Leadership 1 day workshop - Project Platypus

Thur 7 ABC of COMMUNICATION Success 1/2 day workshop - Project Platypus

July - Save the dates

PLANTOUTS volunteers ably loved and adored:

Sat 7 Greenway & Ogluzsco - Barkly, Vic

Sun 15 Shea - Rhymney, Vic

Sat 21 & Sun 22 Vincent - Lake Fyans, Vic - overnight camping, meals and entertainment

School groups will be planting over June & July



SEED COLLECTION FIELD DAY

Tuesday April 17 2018, 10 am - 3 pm.

Where, when, how to collect eucalypt and other species, provenance and more with Dan Frost from Seeding Victoria. Seed will be collected for PLANTOUTS in 2019. Discussion to include benefits of direct seeding too. Funding from Eucalypt Australia.

Bring: Hat, gloves, sturdy shoes, lunch, water

Directions: meeting at the corner of the Pyrenees Highway and Buangor- Ben Nevis Rd, Mt Cole Creek. About 21 kms from Ararat.

For more details contact Andrea mob 0491 220 386

Email: llf@platypus.org.au

PS. If you think you know plants, think again - this doco will blow your mind [WHAT PLANTS TALK ABOUT](#)



Communication skills in leadership for Women

with Natalie and Sandra from [WILD WACKY WONDERFUL WOMEN](#) and [UNIVERSALLY SPEAKING](#)

Wednesday June 6th, 9.15 am - 4.30 pm

\$20 per person includes lunch

Jade room, Grampians Community Health, 8 - 22 Patrick St, Stawell

Highly interactive and engaging workshop. Learn presentation skills to influence, inspire and lead:

- Extended DISC behavioural profile
- Key listening strategies
- Strategies to overcome fear and nervousness in public speaking
- Discover 4 components to deliver a speech and hold the audience
- Avoid death by Powerpoint
- Language of influence
- 4 different communication styles
- 5 key strategies for impromptu speaking
- Building rapport

ABC of Communication Success for Women

Thursday June 7th, 9.15 am - 12.45 pm

\$10 per person includes morning tea

Jade room, Grampians Community Health, 8 -22 Patrick St, Stawell

Build confidence and success through understanding communication with others and oneself.

A=Appearance

- Psychology of 'Encloded Cognition'
- How to be perceived as having credibility/authority
- Psychology of colour
- Appearance to raise cognitive processes to higher levels of thinking

B= Behaviour

- Power of posture
- Behaviours that lead to creative thinking and problem solving
- Proactive versus reactive behaviour - how to master both
- Difference between character and personality
- strategies to overcome fear
- Understanding why people behave the way they do

C= Communication

- Power of "say it how you want it"
- Art of rapport
- Responsibility of speaking
- Understanding the power of language
- THINK - concept

We are very pleased to be offering the ability to buy your tickets online. We have partnered with the secure online ticketing services of [Ticketebo](#) for the provision of our tickets. **Buy online today by [clicking here](#)**

Jallukar Landcare's **SEED PROPAGATION** working bee

Wednesday 18th April

10.00 am

Phil's nursery, Wildflower Drive, Pomonal

There is a working bee with the main task being to get seeds planted into hykos. The plants will be propagated for in-ground beds focusing on common everlasting, yam daisy and scaly buttons.

BYO lunch. Morning tea provided. Gloves required

For more information contact Ange 0429 521 121

Stawell Urban Landcare will be hosting **SOCIAL MEDIA FREE** workshop

Saturday 21 April

10.00 am - 12.30 pm

Project Platypus office, 11A Ararat Road, Stawell

Run by: Noelene Gratton, director of Ascend Public Relations and Communications

<http://ascendpr.com.au>

RSVP: Veronica 5358 2535 or stawellurban@gmail.com

Moyston Landcare present **MANAGING WASTE FREE** workshop

Sunday April 22 2018

9 am - 12.30 pm

Moyston Recreation Reserve

Alternatives to reduce waste & discussion morning - La Vergne Lehmann & her team from Grampians Central West Waste & Resource Recovery Group will present 4 areas of waste management.

RSVP kyandracottage@gmail.com or ph 0429 006 731



Trees for Mum is a series of Mother's Day memorial tree-planting events, originally created for members of the community whose mothers had passed away. The events have since evolved into celebratory tree planting events for all mothers and take place annually on Mother's Day in Australia.

Planting a tree is a symbolic and reflective gesture which allows us to honour and remember our mothers while also doing something positive for the environment. Please

accept Stawell Urban Landcare's gift. Project supported through Victorian State Government's Landcare Program.

For more information contact Veronica 5358 2535



First aid at the Project Platypus office provided 16 members with training last month. Here is a 3 minute YouTube clip with the cast of ABC's *Rake* promoting [CPR - SHOCK TREATMENT](#)

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Our mailing address is:

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