



## MEDIA RELEASE

30<sup>th</sup> Nov 2015

### **Dry Summer Workshop for Local Farmers**

Project Platypus will be hosting a breakfast workshop this month to provide farmers with best practice management techniques to help navigate the dry summer.

Project Platypus events coordinator Bronwyn Bant said the workshop was being delivered due to farmer demand. “The workshop will cover a range of critical issues that will help farmers manage their livestock, pastures and water supplies. Importantly, we’re also throwing a spotlight on farmer health. We want to reduce the stigma associated with mental health, and with farmers facing a challenging season, we also want farmers to know where they can access help, and what the warning signs are for friends who may be experiencing depression or suicidal tendencies”.

The workshop will be held at the Joel Joel Hall on Friday the 11<sup>th</sup> of December, starting with breakfast at 7.30am. Clem Sturfels from the ECODEV will discuss water management around the farm, Grampians Community Health will discuss farmer health, and Dale Grey, from DEDJTR will provide a seasonal weather forecast. A range of other service providers will also be on hand to discuss your needs on an individual basis after the presentations.

Registrations to attend are essential, and can be made by calling Project Platypus on 5358 4410 by Tuesday the 8<sup>th</sup> of December.

### **End of release**

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